

Families First Volunteer Role Description

Volunteer Role:	Parents and Carers (PaCs) Group Volunteer - Family Support Service
When:	The group sessions are on a Thursday from 12:30-2pm, with volunteers arriving for set up at 12:00pm.
Main Purpose:	To build supportive and consistent relationships with parents and carers who attend group activities, reducing their isolation. Volunteers are involved with the practical preparation for the group and get involved with the sessions alongside the parents and carers.
Main Responsibilities:	<ul style="list-style-type: none">• Set up and pack down the room and assist in the preparation of simple meals or snacks.• Support parents and carers to manage the challenges they face in life, by spending time talking with them and listening.• Encourage or suggest activities or positive experiences that the service users may enjoy as part of the group session.• Follow Families First Policies and Procedures, including Child and Adult Protection and Confidentiality.
Personal Qualities:	Group Volunteers are friendly, good listeners, reliable, non-judgemental, and engage enthusiastically with group members. They may also draw upon their own personal or professional experience when building relationships with the parents and carers. Group Volunteers may bring their own interests and hobbies to share with the group as well. Volunteers are empathetic towards individuals with additional support needs or facing adversities and are willing to learn how to manage certain behaviours as needed.
Supported by:	<p>The Family Support Coordinator will provide support during sessions and in brief/debrief.</p> <p>The Volunteer Coordinator provides regular Support and Supervision meetings, to provide time for reflection, discussion of well-being, and feedback.</p>
PVG Check?	This is a regulated role which requires a Protection of Vulnerable Groups (PVG) Disclosure Check, for protected adults.
Expenses?	Expenses are reimbursed. Any miles driven will be reimbursed at £0.45 per mile, and staff will assist with the completion of expense forms.
Training:	Initial training will include an introduction to volunteering with Families First, Child and Adult Protection and relevant Health and Safety. Ongoing training opportunities will be provided.