

Families First Volunteer Recruitment Pack – Role Description

Volunteer Role:	1:1 Adult Befriending Volunteer - Family Support Service
When:	Sessions will be arranged based on the service user and volunteer's availability. This is often during the school day.
Main Purpose:	To build a supportive, consistent relationship, by offering companionship and positive experiences through regular 1:1 meet-ups, which helps to reduce isolation. Volunteers support the parent/carer in managing the challenges they face in life by spending time talking with them and listening.
Main Responsibilities:	<ul style="list-style-type: none">• Meet regularly with a parent/carer in the community.• Be a positive role model and build a trusting relationship.• Encourage and suggest further activities or positive opportunities that fit with the service user's interests.• Follow Families First Policies and Procedures, including Child and Adult Protection and Confidentiality.
Personal Qualities:	Family Support Volunteers are friendly, good listeners, reliable, non-judgemental, compassionate, patient and kind. Volunteers may also draw upon their own personal or professional experience to help them understand the parent/carer's challenges. Volunteers are empathetic towards individuals with additional support needs or facing adversities and are willing to learn how to manage certain behaviours as needed.
Supported by:	<p>The Family Support Coordinator supports the volunteer before and after the session as required, and is the point of contact for communication about sessions.</p> <p>The Volunteer Coordinator provides regular Support and Supervision meetings, to provide time for reflection, discussion of well-being, and feedback.</p>
PVG Check?	This is a regulated role which requires a Protection of Vulnerable Groups (PVG) Disclosure Check for protected adults.
Expenses?	Expenses are reimbursed. Any miles driven will be reimbursed at £0.45 per mile, and staff will assist with the completion of expense forms.
Training:	Initial training will include an introduction to volunteering with Families First, Child and Adult Protection and relevant Health and Safety. Ongoing training opportunities will be provided.